

Hand Tossed Salad

Garden Salad

Romaine and Iceberg mix, chopped cucumber, onion, tomato, and shredded carrots

\$9.99

Caesar Salad

Chopped Romaine, house made croutons, and parmesan cheese

\$9.99

Cobb Salad

Grilled Chicken, crumbled bacon, avocado, hard boiled eggs, sharp blue cheese

\$12.99

Add Grilled Chicken \$5.00

Chicken, Egg, Tuna Salads, or Fried Falafel \$4.00

Homemade Soups

Matzo Ball | Chicken Noodle

CUP
\$4.99

BOWL
\$8.99

Sides

Potato Latke \$4.50 Pasta Salad \$2.99

Potato Knish \$4.50 Cole Slaw \$2.99

Meat Knish \$5.50 1/2 Sour pickle \$1.99

French Fries \$3.99 Noodle Kugel \$4.99

Potato Salad \$2.99 Fruit Salad \$3.99

Kid's Menu

Chicken Fingers & Fries **\$6.99**

Hot Dog & Fries **\$5.99**

Grilled Cheese & Fries **\$5.99**

American Chop Suey **\$5.99**

The Helfand's Story

Every great city needs a New York Style deli and when iconic Worcester Deli's like Weintraub's and Maury's closed in the past few years Worcester became a city with no Deli.

Deli's were always a place to meet friends, enjoy a great sandwich packed with hot corned beef or pastrami on fresh Rye bread, enjoy a cup of Matzo Ball soup, a hot Knish, and a great half sour pickle.

So, four friends got together and decided they needed to create a new Worcester deli tradition. The dream started with Carl Goldstein, one of the partners of Worcester Accounting firm S&G who recruited local Worcester friends David Cohen, Andy Davis and Ward McLaughlin to join him in his dream.

Their dream turned into Helfand's Deli. After finding a location on Highland Street the four bought a former restaurant and after extensive renovations have created a new, vibrant, NY Style Deli in the heart of Worcester.

So where does Helfand's name come from?

Helfand in Yiddish means "Elephant" a symbol of luck and prosperity. Elephants also represent long life, wisdom, and vitality. Elephants represent great strength and the ability to remove obstacles. The four friends knew that to succeed in this venture they would need luck, wisdom, and a lot of vitality. So, the symbol became the new name of Worcester newest Deli.

Helfand's Deli is proud to announce that master chef Mike Sobel will be heading the restaurant. Mike a former head chef of Legacy Grill and Executive Chef at Assumption College, and numerous Restaurants and Banquet facilities in the Northeast has taken on the task of preparing traditional NY Style Deli items for this venture. Mike, another Worcester native, grew up watching his grandmother and mother make amazing Jewish specialties for her family and cooking for seniors at the Worcester JCC.

Over the past year Mike has mastered the art of curing corned beef and pastrami and recreated the great Jewish recipes that he saw being made by his grandmother and mother.

Book your next meeting or party

Need a great venue for your next meeting or party?
Give us a call and we can make that happen.

508-762-9393

Helfand's Deli

New York Style

MENU

508-762-9393

**143 Highland Street
Worcester, MA 01609**

helfandsdeli.com/

We have sour cream and apple sauce for latkes

Deli Sandwiches

Pastrami

Homemade hot pastrami carved to order and piled on rye bread with mustard

\$15.99
Stuffed \$19.99

Pastrami & Corned Beef Combo

Homemade hot pastrami and corned beef carved to order and piled on choice of bread with mustard

\$15.99
Stuffed \$19.99

Italian

Baked ham, capicola and mortadella provolone cheese, hot peppers, lettuce, tomato, onion, and oil and vinegar

\$10.99

Harvest Chicken, Tuna or Egg Salad

On choice of bread with lettuce and tomato

\$9.99

Corned Beef

Homemade hot corned beef carved to order and piled on rye bread with mustard

\$15.99
Stuffed \$19.99

Roast Beef

Homemade roast beef with cheddar cheese, horseradish, mayo, lettuce, and tomato

\$12.99
Stuffed \$16.99

Crispy Chicken Schnitzel

Crispy fried chicken, honey mustard, choice of cheese, lettuce, tomato, and cole slaw

\$11.99

Create your own

Grilled chicken, deli style: turkey, turkey pastrami, ham, salami, or bologna with choice of bread and condiments

\$10.99

Grilled Sandwiches

Reuben

Corned Beef, Sauerkraut, Russian dressing, Swiss cheese on marble rye

\$17.99

Rachel

Corned Beef, cole slaw, Russian dressing, Swiss cheese on pumpernickel

\$18.49

Grilled Pastrami

With caramelized onions, mustard, and choice of cheese

\$17.99

Turkey Reuben

Turkey, cole slaw, Russian dressing, Swiss cheese on marble rye

\$11.99

Steak and Cheese

Grilled shaved steak with sauteed onions, mushrooms, peppers, and choice of cheese

\$12.99

1/2 lb Grilled Burger

Half pound burger with lettuce, tomato, and onion
(add Bacon or Cheese \$1)

\$11.49

Grilled Dogs

2 Hebrew National hot dogs, topped with mustard, and onion

\$8.99

Grilled Cheese

Grilled Challah with melted cheese and tomato

\$7.99

Tuna Melt

White albacore tuna salad, choice of cheese, and tomato

\$9.99

BLT

Smoked bacon, lettuce, tomato, mayo, on grilled bread

\$9.99

Specialty Wraps

Chicken Caesar Wrap

Marinated grilled chicken, chopped romaine, shaved parmesan, and croutons

\$11.99

Buffalo Chicken Wrap

Marinated grilled chicken, lettuce, tomato, onion, ranch dressing, and mild buffalo

\$11.99

Mediterranean Chicken Wrap

Marinated grilled chicken, hummus, cucumber, tabbouleh, lettuce, tomato

\$11.99

Greek Chicken Wrap

Marinated grilled chicken, feta cheese, lettuce, tomato, onion, and Greek dressing

\$11.99

Mediterranean Falafel Wrap

Fried Falafel, hummus, cucumber, tabbouleh, lettuce, tomato

\$10.99

Veggie Wrap

Hummus, lettuce, tomato, onion, green pepper, and pickles

\$9.99

Turkey Club Wrap

Sliced Turkey, bacon, cheddar cheese, lettuce, tomato, and onion

\$11.99

Fresh Baked Bread

Rye, Pumpernickel, Marble Rye, Challah, and Torpedo Rolls