

# Salads & Soups

## Garden Salad

Chopped iceberg and romaine lettuce, sliced cucumbers, bell peppers, cherry tomatoes, diced red onion, and shredded carrots. Choice of dressing

**\$39.99**

Serves 20 ppl

## Caesar Salad

Chopped romaine, homemade croutons, shaved parmesan cheese, and creamy Caesar dressing

**\$44.99**

Serves 20 ppl

## Cobb Salad

Chopped romaine, crumbled bacon, avocado, hard boiled eggs, grilled chicken, sharp blue cheese. Choice of dressing

**\$49.99**

Serves 20 ppl

## Pasta Salad

Chef's choice pasta tossed with fresh diced vegetables and herbs

**\$4.99 /lb**

1lb serves 2-4 ppl

## Potato Salad

Diced red bliss potatoes tossed with celery and onion in a creamy dressing

**\$4.99 /lb**

1lb serves 2-4 ppl

## Cole Slaw

Shredded cabbage and carrots tossed in a creamy Cole slaw dressing

**\$3.99 /lb**

1lb serves 2-4 ppl

## Matzo Ball Soup

Homemade broth with vegetables, egg noodles, and homemade matzo balls

**\$4.99**

Per person

## Chicken Noodle Soup

Homemade broth with vegetables, egg noodles, and chicken

**\$4.99**

Per person

# Holiday Packages

## Large

Mini potato latkes (12), mini meat or potato knishes (12), half pan kugel and matzo ball soup (2 quarts)

**\$99.99**

## Small

Mini potato latkes (6), mini meat or potato knishes (6), 1/4 pan kugel and matzo ball soup (1 quart)

**\$49.99**

## • SIDES •

	Half Pan Serves 10-20	Full Pan Serves 20-30
Rice Pilaf .....	\$29.99	\$49.99
Mashed Potato .....	\$39.99	\$59.99
Roasted Red Bliss Potato.....	\$39.99	\$59.99
Roasted Mixed Vegetables ...	\$39.99	\$59.99
Roasted Asparagus .....	\$49.99	\$69.99
Roasted Green Beans with Carmelized Onions .....	\$49.99	\$69.99

## Hanukkah Dinner Package

**\$29.99**

Per person

Dinner Rolls

### SALAD

Choice of Garden or Caesar

### SOUP

Choice of Matzo Ball or Chicken Noodle

### APPETIZER

Choice of potato latkes, meat knish, or potato knish

### ENTRÉE

Beef Brisket

### SIDES

Choice of rice pilaf, mashed potato, roasted red bliss potato, roasted mix vegetables, roasted asparagus, roasted green beans with caramelized onions



# Helfand's Deli

New York Style

# CATERING MENU

508-762-9393

143 Highland Street  
Worcester, MA 01609

[helfandsdeli.com/](http://helfandsdeli.com/)

*Entrée platters please order 72 hours in advance, all other items 24 hours in advance*

# Appetizers & Platters

## Potato Latkes

Shredded potato mixed with garlic and onion and fried to a golden brown. Served with sour cream and applesauce

**\$39.99**

Serves 12 ppl

## Mini Potato Latkes

Shredded potato mixed with garlic and onion and fried to a golden brown. Served with sour cream and applesauce

**\$22.99**

Serves 12 ppl

## Mini Potato Knishes

Caramelized onion mashed potato wrapped in puff pastry and baked to a golden brown

**\$29.99**

Serves 12 ppl

## Mini Meat Knishes

Ground beef and potato wrapped in puff pastry and baked to a golden brown

**\$34.99**

Serves 12 ppl

## Noodle Kugel

Egg noodles tossed in a creamy custard with cinnamon streusel topping

**\$44.99**

Serves 10-15 ppl

## American Chop Suey

Large elbow macaroni tossed with onions and peppers in a homemade tomato meat sauce. Topped with herbs and parmesan cheese

**\$44.99**

Serves 10-15 ppl

## Fruit Platter

Fresh cut seasonal fruit

**\$49.99**

Serves 10-15 ppl

## Dessert Platter

Cookies and brownies

**\$49.99**

Serves 20 ppl



Potato Latke



Meat Knish

# Sandwich Platters

All served with chips & 1/2 sour pickles

## Pastrami & Corned Beef Platter

Homemade pastrami and corned beef on assorted rye, pumpernickel, and marble bread

**SMALL**  
**\$69.99** Serves 5 ppl

**MEDIUM**  
**\$134.99** Serves 10 ppl

**LARGE**  
**\$259.99** Serves 20 ppl

## Finger Roll Platter

Finger rolls stuffed with harvest chicken salad, egg salad, and tuna salad

**SMALL**  
**\$39.99** Serves 5 ppl

**MEDIUM**  
**\$74.99** Serves 10 ppl

**LARGE**  
**\$139.99** Serves 20 ppl

## Torpedo Roll Platter

Assortment of deli style turkey, deli style ham, homemade roast beef, Italian, chicken schnitzel, harvest chicken salad, egg salad, tuna salad

**SMALL**  
**\$49.99** Serves 5 ppl

**MEDIUM**  
**\$94.99** Serves 10 ppl

**LARGE**  
**\$179.99** Serves 20 ppl

## Wrap Platter

Assortment of deli style turkey, deli style ham, homemade roast beef, Italian, harvest chicken salad, egg salad, tuna salad

**SMALL**  
**\$54.99** Serves 5 ppl

**MEDIUM**  
**\$104.99** Serves 10 ppl

**LARGE**  
**\$199.99** Serves 20 ppl

## Specialty Wrap Platter

Assortment of buffalo chicken, chicken Caesar, Mediterranean chicken, chicken schnitzel, Mediterranean falafel, cold veggie

**SMALL**  
**\$59.99** Serves 5 ppl

**MEDIUM**  
**\$114.99** Serves 10 ppl

**LARGE**  
**\$219.99** Serves 20 ppl



# Entrées

## Sliced Pastrami

7 day cured pastrami sliced thin and served with a whole grain mustard sauce

**\$19.99**

Per person

## Beef Brisket

Tender braised brisket sliced and topped with tomato braising liquid

**\$19.99**

Per person

## Roast Turkey

Fresh roasted turkey sliced and served with pan gravy

**\$17.99**

Per person

## Chicken Schnitzel

Breaded and fried chicken breast served with a tomato and herb topping

**\$11.99**

Per person

## Lemon Chicken Schnitzel

Breaded and fried chicken breast served with a lemon caper sauce and topped with a tomato and herb topping

**\$13.99**

Per person

## Mediterranean Chicken

Chicken breast coated in flour and seared to a golden brown and served with a Mediterranean topping with spinach, sundried tomato, and artichoke hearts

**\$13.99**

Per person



Pastrami & Corned Beef Sandwich

**Entrée platters please order 72 hours in advance, all other items 24 hours in advance**